

# Transformational Breath®

**Professional Training Level IV A led by Indalecia Ziritt, with Joël Jégo as co-trainer assisted by French speaking trainers and facilitators**



**From the 24<sup>th</sup> to the 31<sup>st</sup> of May 2021 in Géhée (36240) (3h south of Paris), France**

Amazing gifts await you on the path of becoming a Transformational Breath® facilitator. The expanded residential Facilitator Training Program (parts A & B) is guaranteed to increase your personal creative expression and to provide profound Transformational breathwork experiences.

**The Transformational Breath® facilitator certification program provides:**

- In-depth personal tutoring and mentoring from the founder of the Transformational Breath® process
- Knowledge, skills, and application of Transformational Breath® on a professional level, through exposure, with immediate feedback
- Advanced breathing analysis techniques
- Enlightened coaching skills
- Expansions of intuitive capabilities
- Accelerated personal growth and evolution through the reflective process in a residential environment
- An international family network of breathers & facilitators
- A deeper commitment to Transformational Breath®



**Joël Jégo:** Senior Trainer, France's Leader for the Transformational Breath® Foundation. After 26 years acting in finance executive positions for corporate organisations in France and abroad, followed by an intensive path of trainings and personal development experiences, Joël moved to a career comprising executive coaching and personal development. Passionate by the transformational power of conscious breathing, his mission is to support others to improve the quality of their life both personal and professional.



**Indalecia Ziritt:** Senior Trainer, Leader of the Transformational Breath® Foundation for Italy & Spain, she also leads training in other countries in Europe. Following continuous studies and experiences for many years, Indalecia consciously found the understanding of the human being potential throughout her inner personal growing, spiritual path and self-expression with different modalities: Chinese Medicine, Shiatsu, Conscious Breathing, Sound & Voice Healing... Her mission is to serve others supporting their personal growth and healing journey.

## Useful Information:

**Location :** Château de Touche Noire à Géhée (36240), France.

**Times:** from Monday 24<sup>th</sup> May 2021 at 7.30pm to Monday 31<sup>st</sup> May 2021 at 4pm.

**Tuition fees (\*):** €1,500 per person, excluding accommodation and food costs. Early bird discounted fees at €1,350 till 3<sup>th</sup> April 2021. (\*) Fees applicable to individuals only.

Number of participants limited to 16



Transformational Breath®

## Registration Contact:

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Registration online via the "Training" page of the website  
[www.respireplus.com](http://www.respireplus.com)

More informations about Transformational Breath®:  
[www.respireplus.com](http://www.respireplus.com)